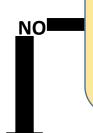
# Allergic Reaction Emergency Action Plan

Students may experience a delayed allergic reaction up to 2 hours following food ingestion, bee sting, etc.

Does the student have any symptoms of a severe allergic reaction that may include:



- Flushed face?
- Dizziness?
- Seizures?
- Confusion
- Weakness
- Paleness?

- Hives all over body?
- Blueness around mouth, eyes?
- Difficulty breathing?
- Drooling or difficulty swallowing?
- Loss of consciousness?



## **Symptoms of Mild Reaction**

- Red, water eyes
- Itchy, sneezing, runny nose
- Hives/rash in one area
- Not distressed



- Refer student to health office for assessment and treatment
- Adults supervising student during normal activities should be aware of the student's exposure and should watch for delayed symptoms of a severe reaction for up to 2 hours

- Contact nurse or security if student is unable to walk to health office
- Until help arrives:
  - Administer EpiPen if available
  - Check student's airway. Look, listen, feel for breathing
  - o If not breathing, inititate CPR
  - Send help to retrieve AED



- Dial 911 for EMS assistance/ambulance
- Follow instructions given by ambulance control staff
- Stay with the student; give reassurance if responsive
- Parent/guardian will be contacted
- School administration will be notified



## While waiting for the ambulance:

 Continue CPR/AED use or rescue breathing as needed

### **EpiPen Directions:**

- Pull gray cap off; follow directions on Pen
- Insert Pen into side of thigh (through clothing if necessary)
- Hold in place for several seconds or until a discharge is felt

### **AED Directions:**

- Open lid to AED
- Turn machine on
- Follow directions provided by machine